

2016 CHRISTMAS CATALOG



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MON.-FRI., 8:00 a.m.-3:00 p.m.

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polamjournal.com
SECURE SERVER

OPŁATEK Polish Christmas Wafers

KEEP THIS BEAUTIFUL TRADITION ALIVE IN YOUR FAMILY!

Practice the ancient Polish custom of sharing the Christmas wafer with family and guests. Many people place a piece of opłatek—a thin wafer, made of flour and water—in each Christmas cards to family members and friends. Each Polish Christmas Wafer is embossed with religious scene.



SMALL (2 x 3½ in.)
individual wafer
w/glassine envelope
5/\$5.00



LARGE (6¼ x 3½ in.)
Three white and one
pink opłatki, with decorative
envelope (shown
above) depicting wigilia
with history on back
4/\$5.00

IF ORDERING OPŁATEK ONLY, SHIPPING CHARGE IS \$3.00.

Learn more about this tradition from our website:
polamjournal.com
Follow Library Holidays link to the Christmas listings

3-D BRASS POLISH EAGLE ORNAMENT



Designed to hand flat in a window or twisted into a 3-dimensional ornament as shown, it can be twisted many times if care is taken to reverse the twists when closing.
\$7.95 each
Made in USA
Item 1-1501
3 1/2" high x 3" wide

HANDPAINTED WOOD EASTER EGG ORNAMENT



Hand-decorated Birchwood Polish Easter Egg
\$5.95 each
Imported from Poland
Styles vary. Will not ship identical eggs if buying more than one.
A great stocking-stuffer!
Item 1-1502



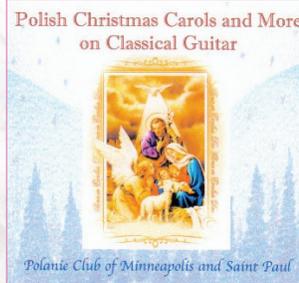
Shown actual size

Wesolych Swiat / Merry Christmas Mail Sticker

Proceeds to benefit Catholic Orphanage in Bialoleka, near Warsaw, Poland and Polish American Journal Press Fund. 1" x 2". 20 decorative stickers/stamps to a sheet. Perfect for presents, Christmas cards, etc.

\$5.00 per sheet.
(If ordering stamps only, shipping is \$1.00 per every four sheets).

KOLEĐY & CAROLS ON CLASSICAL GUITAR CD



Produced by the **Polanie Society** — **\$7.95**

- Chica Noc
- Dzisiaj w Betlejem
- Do Szopy Hej Pasterze
- Gdy sie Chrystus Rodzi
- Lulajże Jezuniu
- Gdy Sliczna Panna
- Hej w Dzień Narodzenia
- Wsrod Nocnej Cisy
- Pojdzmy Wszycy do Stajenki
- Oj Maluski
- Przybiezeli Do Betlejam
- We Three Kings
- What Child is This?
- O Come Emmanuel
- The First Noel
- Joy to the World



KOLEĐY SING-ALONG BOOK

With Music and Lyrics in Polish and English
Published by the Fr. Justin Rosary Hour
Sing-along to 37 of the most popular Polish

Christmas Carols. This 90-page spiral-bound book contains the words and music plus English translations. Published in 2003, the book also contains a message from the Rosary Hour director, an explanation (in Polish and English) of Polish Carols by the late Msgr. John R. Gabalski of St. Stanislaus Parish in Buffalo, N.Y., plus Pope John Paul II words about the importance of koledy to the Polish nation. Published at \$7.00, available now for only **\$5.00**

A POLISH CHRISTMAS EVE

A POLISH CHRISTMAS EVE Traditions and Recipes, Decorations and Song by Rev. Czesław Michal Krysa, S.L.D.

Everything you need for Wigilia or Christmas Eve Vigil Supper! Bi-lingual carols with musical notation, Wafer sharing messages, heritage photos, ornaments, and ritual decorations, the origins of Wigilia, poetry, literature, etc.

This book is a quick and easy reference, step-by-step guide and international collection of folklore, stories, recipes, carols and decorations with never before published photos and black and white illustrations, glossary, pronunciation guide, and a regional map of Poland. This is a wonderful book and a must for every Polish-American family.

300 pp., sc., illustrated, 8.25 x 10.75.
\$26.95



POLISH VILLAGE CHRISTMAS CDs

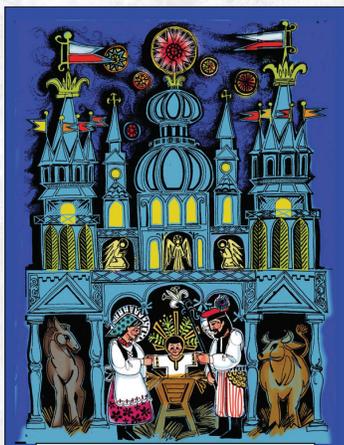
VOL. I or II — \$12.00 each



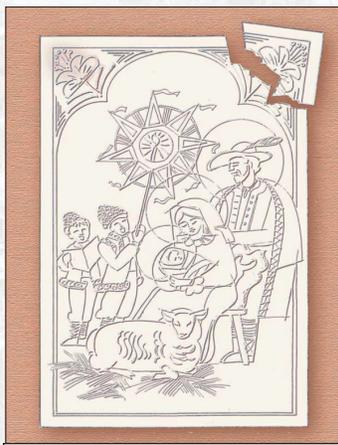
PREVIEW SAMPLES ON OUR WEBSITE
POLAMJOURNAL.COM

POLISH-ENGLISH CHRISTMAS CARDS

NEW FOR 2015! Cards designed for the PAJ by Poppyfield Press
75¢ each / 10-pack \$6.00 / 50 or more 50¢ each



CARD 310
KRAKOWSKA SZOPKA

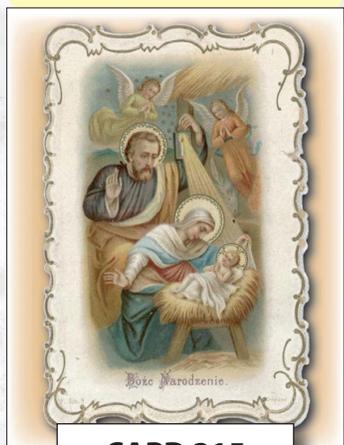


CARD 311
OPŁATEK - CHRISTMAS WAFER



CARD 312
CHRISTMAS LOWANICZKA

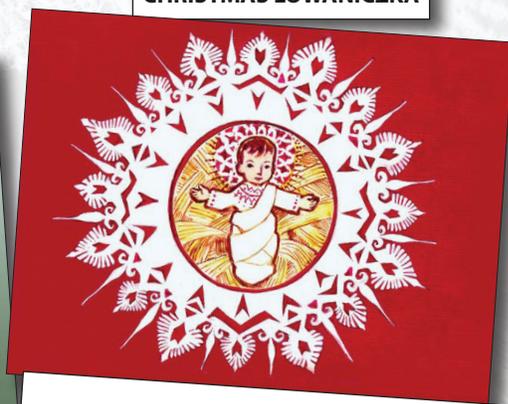
**ENVELOPES
 INCLUDED
 WITH ALL
 CARDS!**



CARD 315
HOLY FAMILY



CARD 313
GORAL MUSICIANS



CARD 314
BABY JESUS ON HAY

POLISH CHRISTMAS FACTS

- The **crèche-making contest**, held in Kraków in early December dates from the pre-World War II period. Participating Christmas cribs, ranging from matchbox size to 10 feet tall, are displayed round the base of the Adam Mickiewicz Monument.
- Traditionally the **choinka** (Christmas tree) is not set up in Polish homes until December 24th but they now appear on the shopping-mall scene in early November.
- The **sharing of opłatek** (Christmas wafer) is Poland's most widely practiced Christmas custom, cultivated by more than 95% of all Polish families.
- Opłatek is also known in Lithuania, the Czech Republic, Slovakia, Ukraine and Belarus – countries within the Polish sphere of cultural influence. It is also popular among Polish Americans and in Polonian communities world-wide.
- Once very popular were Christmas Eve **fortune-telling games** meant to predict the martial prospects of a household's eligible maidens; a ripe golden blade of hay pulled from beneath the table-cloth indicated a rapid marriage, a green one meant the girl would still have to wait a while and a dry and withered blade foretold lifelong spinsterhood.
- In the olden days, it was regarded as a **lucky sign** if a male visitor was the first the cross a family's threshold on Christmas Eve. A female as the first outside visitor was thought to bring misfortune.
- The Polish **St. Nicholas** is often accompanied by an angel helper and sometimes a little devil sidekick who passes out switches to naughty youngsters.

CARD ASSORTMENT 1

(SEE NEXT PAGE) Two each cards 102, 103, 201, 202, 203, 205, 206, 301, 302, 304, 305, 306, 307, 308, and 309. (30 cards total) plus extras

\$9.95 + \$5.00 s&h

(\$19.00 WITH S&H
 IF PURCHASED SEPARATELY)

CARD ASSORTMENT 2

Four each cards 310, 311, 312, 313, 314, and 315 (24 cards total)

\$11.95 + \$5.00 s&h

(\$20.00 WITH S&H
 IF PURCHASED SEPARATELY)

SAVE BIG ON OUR ORIGINAL CHRISTMAS CARDS! (BELOW)

50¢ each • 10-pack - \$4.00 • 50 or more - 30¢ each



CARD 102



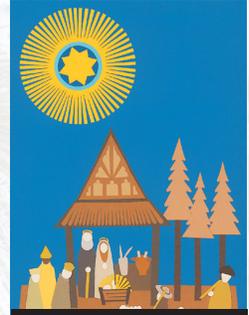
CARD 103



CARD 201



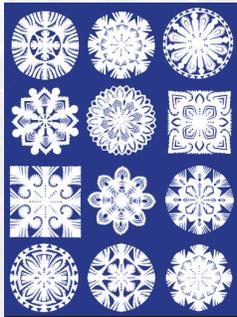
CARD 202



CARD 203



CARD 205



CARD 206



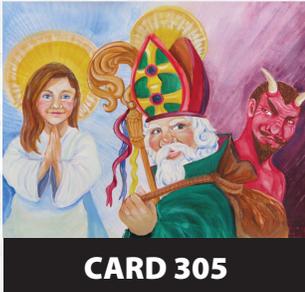
CARD 301



CARD 302



CARD 304



CARD 305



CARD 306



CARD 307



CARD 308



CARD 309

Many more Christmas and gift items on line at polamjournal.com

"STO LAT" BIRTHDAY CARD and "JAK SIĘ MASZ" BLANK NOTE CARD



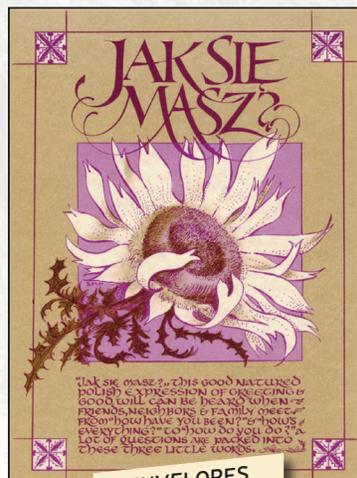
ENVELOPES INCLUDED

CARD 402 – "Sto lat."
("Happy Birthday – May you live 100 years") 4¼"x5½"
Full color design with poppy, "Sto lat" lyrics in Polish and English, and role of poppy in Polish culture. Inside left blank for personalization. Printed on glossy stock.

- 75¢ each
- 10-pack \$6.00
- 50 or more 50¢ each

SHIPPING (IF ORDERING CARDS ONLY)

1-10 cards	\$3.50
11-20 cards	\$4.50
21 or more.....	\$5.95

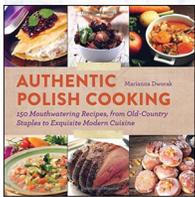


ENVELOPES INCLUDED

CARD 403 – "Jak Się Masz?" 5½"x4¼" "Jak się masz?" – This good-natured Polish expression of greeting and expression of good will can be heard when friends, neighbors, and family meet. From "How have you been" and "How's everything?" to "How do you do?" a lot of questions are packed into these three little words.

Full color design with "dziewięcilsil" (Alpine Everlasting Thistle Flower), the card comes with a blank inside for personalization.

COOKBOOKS



NEW FOR 2016!
AUTHENTIC POLISH COOKING
 by *Marianna Dworak*
\$15.99
 Item 2-677
 ISBN: 9781620870914
 7.5x7.5 in., 176 pp., p.b.

Polish cuisine is hearty and filling, and though some may think the Polish diet is all meat and potatoes, that is far from the truth. With its rich soups, innumerable salads and side dishes, tasty fish and vegetarian meals, colorful and delectable desserts, and yes, meat and potato fare, this cuisine consists of a wide variety of dishes incorporating a broad selection of cultural and regional influences that will have you licking your lips.

Organized by course, this cookbook features more than one hundred recipes, including beet soup, cucumber salad, potato pancakes, Hunter's Stew, pork and rice stuffed cabbage leaves, traditional "babka" cake, and of course, pierogi! Numerous recipes for veal, chicken, kielbasa sausage, pork, and beef dishes make this a great and thorough cookbook that is a fantastic addition to any kitchen.

With easy-to-follow instructions for simple as well as more intricate dishes, a section on traditional holiday meals, estimated cooking times, and suggestions for healthy ingredient substitutions, this cookbook will teach anyone how to cook delicious Polish food. For those wishing to re-create their grandmother's favorite recipe, or those wanting to experience a new cuisine, *Authentic Polish Cooking* will bring a bit of Eastern Europe to your home.

PLEASING POLISH RECIPES

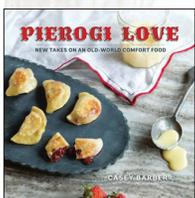
by *Jacek and Malgorzata Nowakowski*



\$8.95
 Item 2-678
 ISBN: 9780941016636
 5-1/2 x 3-1/2 inches
 160 pp., spiral bound

This cookbook features a great variety of flavorful regional foods, such as hot beer, vegetable soup, leek salad, graham bread, Polish hunter's stew, stuffed baked turkey, potato pancakes, dill pickles, nut roll, gingerbread, and royal mazurkas.

Readers also will find a table grace and information on dyeing traditional brown Easter eggs.



PIEROGI LOVE
New Takes on an Old World Comfort Food
 By *Casey Barber*
\$19.95
 Hc; 128 pp. / 8.3 x 8.1 inches
 Full color photographs

This tasty tribute to the pierogi takes a familiar wrapping and stuffs it with a host of unconventional, innovative, and decidedly non-traditional fillings. With 60 sweet and savory recipes that include everything from the

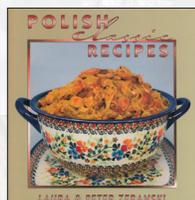
classic Polish cheese and potato offerings to American-inspired Reuben pierogie and fried apple pie-rogies to worldly fillings like falafel and Nutella, there's a pierogi for every party and every palate! Each recipe comes with a charming story from Barber's extensive explorations in pierogi flavors.

Casey Barber is a freelance food writer, photographer, and editor of the critically acclaimed website Good. Food. Stories.



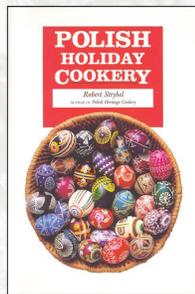
POLISH CLASSIC RECIPES
\$16.95
 by *Laura and Peter Zeranski*
 2011, 96 pp., h.c., index,
 100 color photographs by
Matthew Aron Roth

Designed for the modern kitchen yet retaining traditional roots, each heritage recipe in *Polish Classic Recipes* has been tested to perfection. Accompanied by notes on Polish holiday customs, history, and menu pairing suggestions, these dishes offer a flavorful sample of the Polish dining experience, as passed down from generation to generation.



POLISH CLASSIC DESSERTS
\$16.95
 By *Laura and Peter Zeranski* 2013. 96 pp. 8 1/2 x 8 1/2. Index. 100 color photos

Organized by type and with titles in both Polish and English. From mazurkas and babas to pastries and beverages, these recipes are designed for the modern kitchen but retain their traditional roots. Each of the forty-five desserts are tested to perfection and paired with mouthwatering photographs and notes on Polish history and customs.

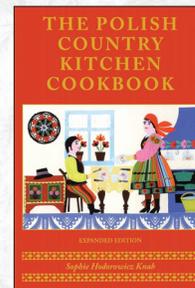


POLISH HOLIDAY COOKERY
\$24.95
 by *Robert Strybel*
 248 pp., pb., Hippocrene Bks.

Polish Holiday Cookery acquaints readers with traditional Polish foods associated with various occasions and furnishes countless cooking tips and serving suggestions. This "instruction manual for the culturally aware Polish American" offers more than 400 recipes, along with a lexicon of basic foods and culinary concepts, ingredients and procedures, and sample menus. The clearly-written recipes facilitate the preparation of the dishes and their incorporation in the Polish American mainstream culture.

Polish Holiday Cookery covers holidays such as Christmas and Easter, as well as celebrations year-round. Ideas for banquets, picnics, din-

ners, and family favorites abound throughout, ensuring that cooks have a selection of dishes for any occasion.

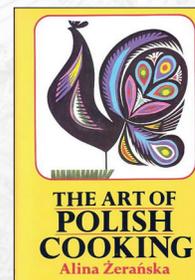


POLISH COUNTRY KITCHEN COOKBOOK
 by *Sophie Knab*
\$19.95
 337 pp., sc;

From top-selling author Sophie Hodorowicz Knab comes an expanded edition to a best-selling book that combines recipes for favorite Polish foods with the history and cultural traditions that created them. Arranged according to the cycle of seasons, this cookbook explores life in the Polish countryside through the year.

The *Polish Country Kitchen Cookbook* gives its readers priceless historical information such as the type of utensils used in Poland at the turn of the century, the meaning behind the Pascal butter lamb, and many other insightful answers to common questions asked by descendants of Polish immigrants.

The over 100 easy-to-follow recipes are all adapted for the modern North American kitchen. Lovely illustrations and pearls of practical wisdom ("Household Hints") from the old Polish kitchen marvelously complement this book.



THE ART OF POLISH COOKING
 By *Alina Zeranska*
 Pub. at \$22.95
PAJ Bookstore Price: \$15.95
 Ethnic / Polish
 384 pp.
 8 1/4 x 5 1/2
 12 b/w illus. Index 2nd ptg.

Reissued by Pelican Publ., *The Art of Polish Cooking*, contains 500 authentic recipes, complete with recipes for hors d'oeuvres, soups, entrees, vegetables, pastries, desserts, and beverages. Special holiday menus are also presented, along with charming descriptions of traditional Polish feasts and celebrations. Author Alina Zeranska provides easy-to-follow recipes for favorites like Cabbage Rolls, Chicken in Dill Sauce, Meat Pierogis, and Fruit Mazurka. Zeranska has translated these Polish recipes perfectly using exact American measurements.

POLISH PIEROGI:

From the Old Country to the Old Neighborhood
\$10.00

by *Eva Gerwecki*, 48 pp., sc.

A collection of "secret" recipes, tips, and more for not only fillings and toppings, but a variety of dough recipes as well. Over 150 recipes with regional variations, from California to New York!

APRONS

\$20.00 each plus \$5.95 s&h

Proclaim your Polish heritage with this lovely restaurant-style apron. 100% Cotton, with two generous pockets. Quality red cloth with machine-embroidered lettering and design. One size fits all!



WESOLYCH SWIAT / Tree
(Merry Christmas in Polish) 2-269

POLISH ROOTS
2-284



WHO STOLE
THE KISZKA?
2-282

POLISH
KITCHEN 2-280

POLISH CHICK
2-224



POLISH CHEF
2-200

STO LAT
2-274

I LOVE PIEROGI
2-225

NEW FOR 2016!

"I STOLE THE KISZKA" DOG BANDANA



DOG BANDANA
2-286

\$10.00 each plus \$5.95 s&h

Did you ever wonder "Who stole the kiszka?"

We found out: the dog did!

Embroidered text on black bandana with paw prints. Specify S, M, or L when ordering.

HANDTOWELS

\$9.50 each plus \$5.95 s&h

Hanging towels. Machine embroidered designs. Useful and attractive. Red with white towel (cloth may vary).



WESOLYCH SWIAT / 2-275

I LOVE KISZKA
2-275

POLISH KITCHEN
2-281



POLISH CHICK
2-213

VISIT OUR WEBSITE FOR MORE KITCHEN AND GIFT ITEMS!

POLISH ROOTS
2-285



STO LAT
2-275

I LOVE PIEROGI
2-210

POLISH CHEF
2-211

EASTER BUTTERLAMB MOLD

EASTER BUTTERLAMB Easy to use! To make with butter, simply coat the mold with vegetable oil (spray type works best), press in softened butter, clamp halves together, place and refrigerator until hardened and you're done. For chocolate, just pour and let harden. It's that easy! Clean with soap and warm water.

Small (#1-600) 3-1/2" width by 3" tall — **\$4.95**
Large (#1-601) 5" width by 4" tall — **\$7.95**

\$4.00 S&H ON ALL MOLDS / \$1.00 each additional mold



STRAW ORNAMENTS



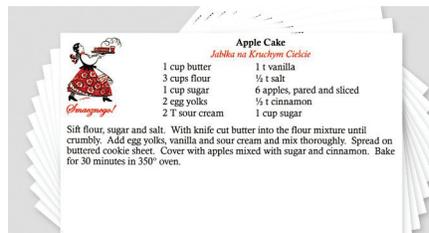
LARGE 11" STRAW STAR. Based on traditional Polish folk art ornament, held together with string. Item 660-112. **\$12.95**

GLOSS-COATED POLISH RECIPE CARDS

Eleven of the most popular and treasured recipes, including Cabbage Rolls, Turkey Cutlets with Mushroom Sauce, Baked Apples in Red Wine and more.

Handy for your recipe box — perfect as party favors or hostess gifts, and — as a stocking stuffer — an ideal way to introduce Polish cooking to family and friends!

2-261 — \$5.00

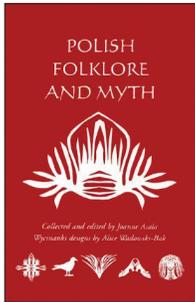


DID YOU KNOW?

- The oldest Polish "kolęda" (carol) still widely sung today is "Anioł pasterzom mówił"; it goes back to the 15th century.
- The sweet dishes of Wigilia include stewed dried fruit (compote), poppyseed noodles, wheat & honey pudding (kutia), rice and apples, pancakes and such cakes as piernik, makowiec, and keks.
- In the Polish countryside, special colored opłatek is mixed with the scraps from the Wigilia table and fed to the family's livestock.



SET OF 20 ORNAMENTS IN WICKER BASKET. Each measures approx 2.4." Basket measures 7.9" x 7.9." Item 660-127. **\$22.95**



POLISH FOLKLORE AND MYTH

Joanne Asala

\$12.95

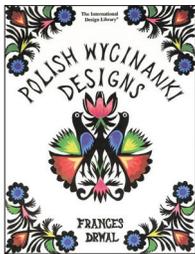
Item 2-679

ISBN: 9781572160897

6x9 in., 118 pp., pb.

This book of engaging folk stories includes such tales as "The Violin," "The Headache Cure," "Midsummer's Eve," "The

Flower Queen's Daughter," "The Legend of the North Wind," "The Flaming Castle," "The Village Dance," and "The Unfinished Tune." The stories were collected by Joanne Asala, with wycinanki (paper-cutting) illustrations by Polish-American artist Alice Wadowski-Bak.



POLISH WYCINANKI DESIGNS

by Frances Drwal

\$7.95

Item 2-680

8.5x11 in., 48 pp., pb.

In Poland, the art of creating beautiful designs by cutting paper into intricate shapes—

called wycinanki—has been one of the national pastimes.

In this book, wycinanki is discussed and illustrated with patterns. The designs in this book can be used in many different ways, from applique to wallpaper.

POLISH PROVERBS

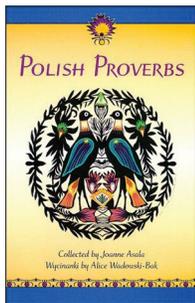
by Joanne Asala

\$14.95

Item 2-681

6x9 in., 64 pp., pb.

Poles are gregarious, cheerful, hard-working, and earnest—qualities reflected in their proverbs, collected here by author Joanne Asala. Some examples: "Love enters a man through his eyes and a woman through her ears." "Without work, there is no bread." "Do not push the river; it will flow on its own accord." The back and front covers feature stunning illustrations of paper cuts by the late Polish folk artist Alice Wadowski-Bak, with more of her work throughout the book.



hussar, a lancer who carries into battle a device attached to his back that holds dozens of eagle feathers. As a Tatar and as a peasant, this is an unlikely quest. When he meets Krystyna, the daughter of the noble who owns the land that his parents work, he falls hopelessly in love. But even though she returns his love, race and class differences make this quest as impossible as that of becoming a hussar. Under the most harrowing and unlikely circumstances, one day Aleksy must choose between his dreams.

NEW! TWO TRAINS FROM POLAND

A Journey in History

and of the Human Spirit

by Dr. Krystyna M. Sklenarz

\$19.95

183 pp., photos, pb.

A midnight knock at her door changed everything for 6-year-old Krystyna Sklenarz. In the middle of the night, the KGB deported her family from Poland to Siberia. She experienced two years there, and faced starvation, typhus, an opium den, being torpedoed, and living through the Nazi Blitz in the London subway. Through it all, Krystyna refused to give up. This is her journey from Siberia to her entrance into medical school at only 17.



A POLISH DOCTOR IN THE NAZI CAMPS

Memories of Imprisonment,

Immigration, and a Life Remade

by Barbara Rylko-Bauer

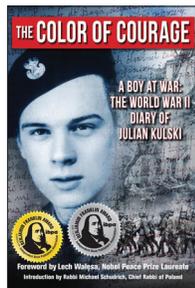
28 b&w illus.

416 pp., pb. 6.125" X

9.25"

\$19.95

A daughter's account of her mother's wartime experiences and postwar struggle to rebuild her life. Jadwiga Lenartowicz Rylko, was a young Polish Catholic physician in Łódź at the start of World War II. Suspected of resistance activities, she was arrested in January 1944. For the next fifteen months, she endured three Nazi concentration camps and a forty-two-day death march, spending part of this time working as a prisoner-doctor to Jewish slave laborers. Jadzia's daughter, anthropologist Barbara Rylko-Bauer, constructs an intimate ethnography that weaves a personal family narrative against a twentieth-century historical backdrop.



THE COLOR OF COURAGE

A Boy at War: The World

War II Diary of Julian

Kulski

by Julian E. Kulski

\$19.95

Aquila Polonica Publ.,

2012, 496 pp., 6" x 9", pb.

"If there is going to be a war, I do not want to miss it." So wrote Julian Kulski a few days before

the outbreak of World War II, in this remarkable diary of a boy at war from ages 10 to 16. Kulski wages his own private war against the Germans with small acts of sabotage. At age 12, Kulski is recruited into the clandestine Underground Army by his Scoutmaster and begins training in military tactics and weapons handling. At age 13, he meets with leaders of the Jewish Resistance. Arrested by the Gestapo at 14, he is rescued and at 15 fights in the Warsaw Uprising of 1944.

THE AUSCHWITZ VOLUNTEER

by Witold Pilecki

Translated by Jarek Garlinski

\$34.95

Aquila Polonica Publ., 2014

460 pp., 6" x 9", pb.

In 1940, the Polish Underground wanted to know what was happening inside the recently opened Auschwitz concentration camp. Polish army officer Witold Pilecki volunteered to be arrested by the Germans and report from inside the camp. His intelligence reports, smuggled out in 1941, were among the first eyewitness accounts of Auschwitz atrocities. Pilecki's story was suppressed for half a century after his 1948 arrest by the Polish Communist regime as a "Western spy."

FORGOTTEN HOLOCAUST: The Poles Under German Occupation, 1939-45. Third edition

\$19.95

358 pp. pb.

Forgotten Holocaust has become a classic of World War II literature. As Norman Davies noted, "Dr. Richard Lukas has rendered a valuable service, by showing that no one can properly analyze the fate of one ethnic community in occupied Poland without referring to the fates of others. In this sense, *The Forgotten Holocaust* is a powerful corrective." The third edition includes a new preface by the author, a new foreword by Norman Davies, a short history of ZEGOTA, the underground government organization working to save the Jews, and an annotated listing of many Poles executed by the Germans for trying to shelter and save Jews.

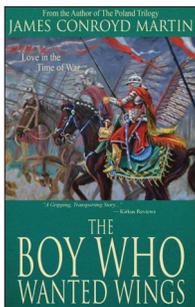
POLISH CUSTOMS, TRADITIONS & FOLKLORE

\$24.95

by Sophie Hodorowicz Knab

340 pp., hc.

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